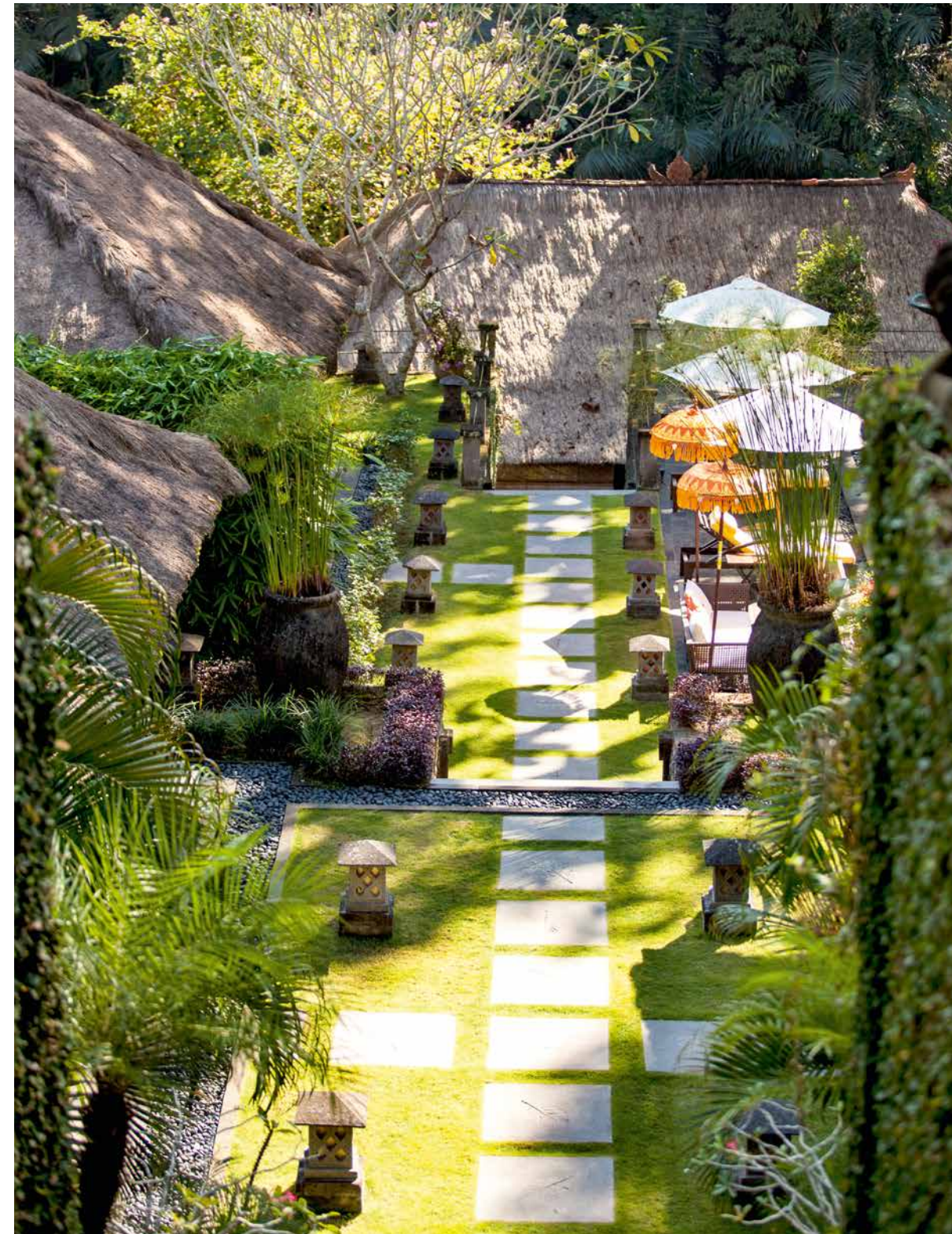




Sukhavati Ayurvedic Retreat & Spa Bali

Sukhavati Ayurvedic Retreat & Spa captures the true essence of Bali. Located on a private, three-tier estate in a small Balinese Village it is a place of tranquillity amidst the rural expanse of lush rice fields. With just six luxury villas – two with private pools – peace and privacy is guaranteed. Sukhavati is a destination wellness retreat hosting one of the world's oldest traditional systems of healing: Ayurveda. Created under the expert guidance of Doctor JR Raju, one of the greatest exponents of Ayurvedic medicine in India, the Sukhavati programs are designed to restore complete physical, mental and emotional wellbeing.



FACILITIES
 When staying at Sukhavati you have access to all estate facilities; relax beside the salt water swimming pool, enjoy open-air dining in the entertainment pavilion, attend sessions in the yoga pavilion, luxuriate in the meditation bale and be pampered in the Ayurvedic Spa. Experience a range of daily activities including yoga, meditation, and talks on diet, health and lifestyle or enjoy a guided bike ride through the local village.

SPA
 Set on the highest tier of the estate and amidst the tropical vegetation is our open air spa treatment rooms. Rejuvenate yourself with a range of Ayurvedic Treatments including Shirodhara, Abhyanga and Pizzichilli. Enjoy a nourishing facial and beauty treatment or a relaxing foot massage provided by trained and caring Ayurvedic spa therapists and specialists.

DINING
 Fresh, vegetarian and organic foods are an essential part of this healing program. The Ayurvedic cuisine is so delicious you will want to take up one of the vegetarian cooking classes.

RATES
 Prices from US\$2,835 per person, twin share.

Based on a seven-day program, per person, twin share. All prices are quoted in USD and subject to a 15 per cent Government Tax and Service Surcharge.

CONTACT
 sukhatibali.com
 rejuvenation@sukhavatibali.com